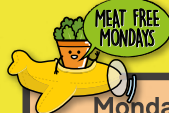


BRINDISHE GREEN

Spring 2022

WEEK 1

03/01, 24/01,
21/02, 14/03



Option 1

Vegetarian Sausage Stir Fry served with Steamed Rice (Ve)

Tuesday.

Organic Beef Meatball Pasta

Wednesday.

Roast Turkey served with Stuffing, Roast New Potatoes and Gravy

Thursday.

Southern Style Crunchy Chicken served with Jeweled Rice

Friday.

Gluten Free Battered Fish served with Chips

Option 2 V Vegetarian

Spring Roll served with New Potatoes

Vegetarian Meat(less) Ball Pasta (Ve)

Vegetarian Bubble and Squeak served with Gravy

Spinach and Potato Curry served with Jewelled Rice (Ve)

Cheese and Tomato Whirl served with Chips

Option 3

Macaroni Cheese

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Tomato and Basil Pasta (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Tomato and Sweetcorn Pasta (Ve)

Vegetables

Broccoli Sweetcorn

Peas Carrots

Butternut Squash Green Beans

Carrots Sweetcorn

Garden Peas Baked Beans

Dessert

Fruit Slushy (Ve)

Oaty Cookie (Ve)

Fruit Salad (Ve)

Apple Crumble (Ve) with Custard

Gluten Free Chocolate Sponge with Custard

WEEK 2

10/01, 31/01,
28/02, 21/03

Option 1

Roasted Vegetable Tart served with New Potatoes

Tuesday.

Chicken Sausage served with Mashed Potato and Gravy

Wednesday.

Hot Chicken Wrap served with Potato Wedges

Thursday.

Organic Beef Chilli Con Carne served with Steamed Rice

Friday.

Fish Fingers or Salmon Fish Fingers served with Chips

Option 2 V Vegetarian

Cowboy Vegetarian Sausage Casserole served with New Potatoes (Ve)

Crispy Potato topped Veggie Pie (Ve)

Cauliflower Cheese Croquettes served with Potato Wedges

Sweet Chilli Quorn served with Steamed Rice

Vegetable Nuggets served with Chips (Ve)

Option 3

Neapolitan Pasta (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Tomato and Basil Pasta (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Cheesy Tomato Pasta

Vegetables

Sweetcorn Broccoli and Cauliflower

Garden Peas Cabbage

Medley of Vegetables

Green Beans Carrots

Garden Peas Baked Beans

Dessert

Fruit Slushy (Ve)

Chocolate Rice Krispie Cake (Ve)

Spiced Oat Biscuit (Ve)

Banana Cake with Custard

Peach Slices with Ice Cream

WEEK 3

17/01, 07/02,
07/03, 28/03

Option 1

Cheese and Tomato Pizza served with Potato Wedges

Tuesday.

Organic Beef Bolognaise Pasta Bake

Wednesday.

Roast Chicken served with Stuffing, Roast Potatoes and Gravy

Thursday.

Mild Chicken Curry served with Steamed Rice

Friday.

Cod Fishcake served with chips

Option 2 V Vegetarian

Vegetable Pizza served with Potato Wedges

Fajita Pasta (Ve)

Vegetarian (Ve) Sausage served with Stuffing, Roast Potatoes and Gravy

Mild Vegetable Curry served with Steamed Rice (Ve)

BBQ Bean Wrap served with Chips

Option 3

Pesto Pasta (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Macaroni Cheese

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Tomato and Basil Pasta (Ve)

Vegetables

Garden Peas Carrots

Sweetcorn Broccoli

Cabbage Green Beans

Carrots Sweetcorn

Garden Peas Baked Beans

Dessert

Fruit Slushy (Ve)

Apple and Raspberry Crumble Slice (Ve) with Custard

Fruit Salad (Ve)

Flapjack (Ve)

Zesty Orange Drizzle Cake



Freshly Baked Bread, Salad Bar, Yoghurt and Fresh Fruit are available daily

We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

THIS MENU SUPPORTS:

