

# BRINDISHE LEE

WINTER 2024

## WEEK 1

02/09, 23/09, 14/10, 11/11, 02/12

### Option 1

Cheese and Tomato  
Pitta Pizza with  
Potato Wedges

### Option 2 v

Vegetarian

Vegetable and Lentil  
Curry with Rice (Ve)

### Option 3

Pasta with Tomato  
Sauce (Ve)

### Vegetables

Sweetcorn  
Peas

### Dessert

Jam Tart (Ve)  
and Custard

MEAT FREE  
MONDAYS

NO ADDED SUGAR  
WEDNESDAY

### Tuesday.

Beef Pie with  
New Potatoes

Vegetarian Sausage  
Roll with New Potatoes  
(Ve)

Jacket Potato with a  
Choice of Fillings

Carrots  
Green Beans

Apple Crumble (Ve)  
and Custard

### Wednesday.

Roast Turkey with  
Roast Potatoes  
and Gravy

Roast Quorn with  
Roast Potatoes  
and Gravy

Pasta with Tomato  
Sauce and  
Grated Cheese

Broccoli  
Sweetcorn

Fruit Salad (Ve)

### Thursday.

Chicken Curry  
with Rice

Macaroni Cheese

Jacket Potato with a  
Choice of Fillings

Carrots  
Green Beans

Chocolate Cookie with  
Apple Slices (Ve)

### Friday.

Fish Fingers  
with Chips and  
Tomato Ketchup

Quorn Dippers with  
Chips and Tomato  
Ketchup (Ve)

Pasta with Tomato  
Sauce (Ve)

Baked Beans  
Garden Peas

Sprinkle Iced Sponge

## WEEK 2

09/09, 30/09, 21/10, 18/11, 09/12

### Option 1

Cheese and Tomato  
Turnover with  
Potato Wedges

### Option 2 v

Vegetarian

Quorn Burger with  
Potato Wedges

### Option 3

Pesto Pasta (Ve)

### Vegetables

Carrots  
Green Beans

### Dessert

Vanilla Custard  
Shortbread with  
Raisins (Ve)

### Tuesday.

Beef Bolognese  
with Pasta

Veggie Bolognese with  
Pasta (Ve)

Jacket Potato with a  
Choice of Fillings

Peas  
Sweetcorn

Jaffa Cake Pudding  
(Ve) with  
Chocolate Sauce

### Wednesday.

Sausages with Mashed  
Potato and Gravy

Quorn Sausages (Ve)  
with Mashed Potato  
and Gravy

Pasta with Tomato  
Sauce and  
Grated Cheese

Green Beans  
Carrots

Fruit Salad (Ve)

### Thursday.

Sticky Chicken  
with Rice

Veggie Cottage Pie

Jacket Potato with a  
Choice of Fillings

Sweetcorn  
Broccoli

Apple Crumble (Ve)  
and Custard

### Friday.

Breaded Fish with  
Chips and Tomato  
Ketchup

Vegetable Nuggets  
with Chips and Tomato  
Ketchup (Ve)

Pasta with Tomato  
Sauce (Ve)

Baked Beans  
Garden Peas

Rice Pudding  
with Jam Sauce

## WEEK 3

16/09, 07/10, 04/11, 25/11, 16/12

### Option 1

Cheese and Tomato  
Pitta Pizza with  
Potato Wedges

### Option 2 v

Vegetarian

Quorn Hot Dog with  
Potato Wedges (Ve)

### Option 3

Pasta with Tomato  
Sauce and  
Grated Cheese

### Vegetables

Carrots  
Sweetcorn

### Dessert

Flapjack (Ve)

### Tuesday.

Beef Lasagne

Vegetable Lasagne

Jacket Potato with a  
Choice of Fillings

Peas  
Cauliflower

Strawberry and  
Mandarin Jelly (Ve)

### Wednesday.

Roast Chicken with  
Roast Potatoes  
and Gravy

Broccoli Cheese Bake  
with Roast Potatoes

Pasta with Tomato  
Sauce (Ve)

Steamed Cabbage  
Carrots

Fruit Salad (Ve)

### Thursday.

BBQ Chicken with Rice  
and Tortilla Chips

Bean Chilli with Rice  
and Tortilla Chips (Ve)

Jacket Potato with a  
Choice of Fillings

Carrots  
Green Beans

Apple Whirl (Ve)  
and Custard

### Friday.

Fish Fingers or Salmon  
Fingers with Chips and  
Tomato Ketchup

Quorn Dippers with  
Chips and Tomato  
Ketchup (Ve)

Pasta with Tomato  
Sauce (Ve)

Baked Beans  
Garden Peas

Chocolate Brownie



FRESHLY BAKED BREAD, SALAD BAR, FRESH FRUIT, YOGHURT AND HERBY'S BISCUIT AVAILABLE DAILY

WE ALWAYS MEET THE GOVERNMENT FOOD BASED STANDARD FOR SCHOOL LUNCHES. ALL OF OUR MEALS ARE FRESHLY PREPARED ON SITE BY OUR TEAM TO ENSURE THERE ARE NO UNDESIRABLE ADDITIVES. MANY OF OUR DISHES CONTAIN HIDDEN VEGETABLES TO INCREASE VEGETABLE INTAKE. WE ARE CONTINUOUSLY WORKING TO REDUCE THE AMOUNT OF REFINED SUGAR IN OUR MENUS.

THIS MENU SUPPORTS:

