

# Brindishe Federation Newsletter

Friday 30th June 2023

## Lewisham Holiday Activity and Food Programme (HAF)

Please see the attached timetable and information regarding the Lewisham Holiday Activity and Food (HAF) programme, which takes place during the Easter, Summer and Christmas holiday period (Spring, summer and winter). HAF programme providers will run programmes this summer between 24th July – 25th August 2023

A wide range of providers in Lewisham are supporting the delivery of the HAF programme, offering various fun-packed sessions, including arts and crafts, games, trips, food and sports.

The HAF programme is for Lewisham children and young people in receipt of free school meals to access FREE activities and food, in the core holiday periods, each child or young person is entitled to 16 Hours per week, (4 hours per day, 4 days a week). Providers will ensure to provide children / young people with

- a wide range of exciting activities to suit different ages and personalities
- fun physical activity sessions
- free, nutritious and tasty food

Opening times ~ this will vary from each provider all information can be found in the attached HAS summer programme

How to book: Parents / carers (in receipt of free school meals) book with the provider directly ~ all contact details can be found on the attached HAF summer programme and will also need the Lewisham code;

ACCESS CODE OF LBLSUM23.

These spaces go very quickly, so we would encourage families to look through what's available and to book ASAP, for more detailed information on the Lewisham HAF programme please click on the link https://lewisham.gov.uk/myservices/young-people/holiday-programme-food-and-fun





## Brindishe Weekly Online Safety Bulletin

# Live streaming

Live streaming has become a popular feature of many apps and platforms. By understanding why it is popular and what your child may come across, parents and carers can help children have a more positive online experience.

There are several factors that can make watching or creating live streams potentially harmful for children and young people including:

#### Content

If they're watching other people's live streams, children could be exposed to age-inappropriate content, including sexual or violent content.

#### Offensive comments

If a young person's live stream is open to the public, viewers may be able to leave negative or inappropriate comments on feeds.

#### <u>Inappropriate contact</u>

There can be hundreds, potentially thousands, of people watching a live stream, including people who might be looking to hurt or exploit children and young people. In order to manipulate children, these people may attempt to trick them into engaging in sexual activity, flatter them with positive comments or gifts, or make threats to try to force them to do things they don't want to do.

The Child Exploitation and Online Protection Centre (CEOP) has published a short guide with practical steps and conversation starters to help children stay safer while live streaming.

https://www.thinkuknow.co.uk/parents/articles/what-is-live-streaming/



### Rights Respecting at Brindishe Schools – Article of the week

#### Article 31 (leisure, play and culture)

Every child has the right to relax, play and take part in a wide range of cultural activities.

In what different ways have you enjoyed Article 31 during the last school year?

- Arts and craft activities.
- Chilling out.
- Spending time with friends.
- Going to a museum or gallery.
- Going to the theatre, to concerts or to the cinema.
- Taking part in sport.
- Having a safe space to, relax, read, draw or listen to music.
- Playing at the park.
- Playing computer games.
- Doing yoga, meditation or mindfulness activities.
- Sleeping!



All children have the right to play but many children with disabilities find that their local playgrounds aren't accessible. Watch this <u>video from Newsround</u> to learn more about this issue. Are your local playgrounds accessible for all children? Write to your local council to ask what they can do to make sure that all children can enjoy their right to play without discrimination.

At Brindishe Schools, leaders ensure that all children are able to take part in a wide range of cultural activities during their time with us in school. We do our very best to make sure lunchtime and playtime experiences are enjoyable for everyone.

With your family at home why not try some of these art lessons online? Can you draw a sausage dog? How about a panda or a turtle? Take part in an online art lesson – which will you choose?

#### **Key Federation Dates**

- Brindishe Schools INSET DAY Monday 3rd July
- NEU Strike Days Wednesday 5<sup>th</sup> July and Friday 7<sup>th</sup> July
- End of Term Friday 21st July 2023



### **Governing Body Dates**

If you would like to attend a Brindishe Federation Governing Body meeting as an observer, please email our Chair, Liz Murphy – lmurphy@brindisheschools.org

Summer 2 Brindishe Manor

Thursday 13<sup>th</sup> July 2023, 6pm