



Brindishe
Federation

Brindishe Federation Newsletter Friday 2nd May 2025



Celebrate the 80th anniversary of VE Day in Lewisham.

VE Day is an opportunity for the nation to come together to honour and pay tribute to the Second World War generation from across the UK and Commonwealth, through a series of national and local events and activities.

Street parties

There are a number of planned street parties taking place in Lewisham over the bank holiday weekend, Saturday 3 - Monday 5 May.

Lewisham Council's beacon (flambeaux) lighting ceremony

The ceremony will take place on **Thursday 8 May, from 7-9pm**. The event will be held outdoors, on the grass area outside the Blackheath Gate of Greenwich Park.

The schedule includes a live brass band performance by Lewisham Concert Band at 7pm, followed by the beacon lighting at 8pm, and continued live music until 9pm. Attendees are encouraged to plan for all weather conditions and are welcome to bring their own refreshments or enjoy offerings from local vendors.

Proms and Picnics

Proms and Picnics will take place on **Monday 5 May, from 12 noon-2pm**. Enjoy live music from Chapel Brass at Beckenham Place Park or the Lewisham Concert Band at Mountsfield Park. Both parks have cafes where you can purchase snacks, or you can bring your own picnic.

Libraries

History talk: VE Day: The Story of Major Leonard Berney 1920-2016 at Deptford Lounge Library, **Thursday 8 May from 5pm**. **Book your space on this free history talk.**

Exhibition

There will be an exhibition of photos from VE Days past at the Civic Suite, opening times to be confirmed.

Online Safety Bulletin

Did you know some Emojis have a double meaning?

For those that have watched Adolescence, you will know children and young people may be using emojis to mean something completely different.

For example, the kidney bean emoji (🍵) may be used to identify as an incel. It is important that you are aware of how emojis can be used and keep up to date with the way in which they can be used as their meanings are changeable.

You can find out further information here:
<https://www.bark.us/blog/emoji-slang-guide/>



Rights Respecting Article

Mental Health Awareness Week

Mental Health Awareness Week occurs every year in May and is an ideal time for us all to think about mental health, tackle stigma, and discuss how we can create school environments that protect our mental wellbeing. The week is based around a different theme each year, and previous themes have included nature, kindness, and body image. It is hoped that as many people as possible will have conversations about mental health and the everyday things that can affect it.

Our mental health clearly links to **Article 24 of the CRC** but, if you think about it, many of the other rights that children and young people are entitled to, also contribute to good mental health.

What do you need for positive mental health?

- Understanding the different types of emotions you have.*
- Knowing that it is usual and ok to have times when you might feel sad or worried*
- Learning different ways to look after your mental health*
- Having a trusted adult to speak with about your feelings.*
- Making sure you exercise regularly.*
- Making sure you have a healthy diet.*
- Spending relaxation and fun time with friends and or family.*
- Taking part in hobbies or activities that you enjoy.*
- Being involved in activities to help others.*
- Limiting screen time or access to other online platforms.*
- Health care – being able to see a doctor, nurse or counsellor if you need to.*
- Being able to enjoy all your rights.*



Read Blue by Sarah Christou or Ruby's Worry by Tom Percival.

Who could your child talk to if they felt sad or had a worry? Talk to your children at home about their trusted adults inside and outside of school.



Brindishe Schools Governing Body

Governing Body meetings are regular and meet every half term. Parents/carers are more than welcome to attend our meetings as 'observers'. If you would like to know more about the governing body or you would like to attend one of our meetings, please email Rachel Waite - rawaite@brindisheschools.org. **Our fifth meeting for 2024/2025 will be held on Thursday 22nd May 2025 at Brindishe Lee School - 6pm.**

Key Federation Dates

- **BANK HOLIDAY - Monday 5th May**
- **Year 6 SATS week - Monday 12th May to Thursday 15th May**
- **May Half Term - Monday 26th May to Friday 30th May**
- **Multiplication Check Year 4 starts Monday 2nd June**
- **Phonics Screening Check for Year 1 starts Monday 9th June**
- **Brindishe Schools INSET DAY - School closed to all children - Friday 27th June**



May Half Term Camps Are
LIVE! Multisports & Dance at
Sportacus!

