

Brindishe Federation Newsletter Friday 4th July 2025

Free parenting app for parents of young children

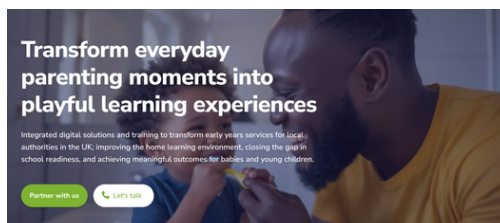
As part of Lewisham's commitment to supporting local families and parents in the early stages of their child's development, Lewisham Council has commissioned the EasyPeasy app.

The EasyPeasy app has been launched to support parents, carers, and early years practitioners of babies and children aged zero to five across the area and transform everyday parenting moments into playful learning activities.

EasyPeasy brings together the best ideas, advice, and inspiration from a diverse community of parents, experts, and brands supporting families and their zero to five year-olds during the crucial early years. Parents can access thousands of simple, fun, and educational parenting tips and activities, tailored to their child's age and development stage, designed to use everyday materials that families already have access to at home.

The app includes information, activities, and tips on a range of topics including:

- wellbeing
- bedtime
- nutrition
- speech
- language
- mindfulness



The EasyPeasy app also allows parents and carers to create and share their own parenting tips and experiences, building peer-to-peer support systems in local communities.

Residents can download the EasyPeasy app from the [App Store](#) or the [Google Play store](#) on their mobile devices now and enjoy free, premium access as part of this partnership. More information can be found at [easypeasyapp.com](https://www.easypeasyapp.com).

Online Safety Bulletin - A guide to Apps & Social Media

The number of apps and social media channels your child could be exposed to grow all the time, as does an app's functionality. We recommend you visit Child Matters to read the latest and most current advice on over 70 apps to ensure you know what they do, how you can limit their features as well as recommended age restrictions.

The apps included are:

- Fortnite
- Instagram
- Snapchat
- YouTube
- Minecraft
- Kik
- TikTok
- And many, many more



https://www.internetmatters.org/advice/apps-and-platforms/?age_min=0&age_max=16

Lewisham Summer Reading Challenge 2025

Story Garden challenge will keep children reading over the holidays - in libraries and in the Great Outdoors.

All Lewisham public libraries are offering the Challenge throughout the summer holidays, and it's free for children to take part. Children joining 'Story Garden' can discover new books, participate in free activities, and explore the link between reading and the great outdoors, where nature and imagination come together.

This year's Summer Reading Challenge features artwork from award-winning illustrator Dapo Adeola, whose stunning illustrations will bring the Story Garden theme to life; creating an enchanting world where children can find magical creatures, plants and flowers to inspire their next reading adventure.



For further information click link here - <https://readingagency.org.uk/the-summer-reading-challenge-2025-story-garden-takes-reading-to-the-great-outdoors/>

Weekend Activities at Lewisham Leisure Centres- 19th/20th July

Over the weekend of the 19th and 20th July the leisure centres across the London Borough of Lewisham will be running a range of activities over the course of this weekend.

They have a variety of activities on offer across the borough so whether this is your first time or you are a regular visitor they will have something for you and your family.

Highlights include

- Taster swimming lessons
- Kids Swim for £1
- Athletics tasters

To find out more visit <https://www.better.org.uk/leisure-centre/london/lewisham/news/national-summer-open-weekend-19th-20th-july>



Brindishe School Streets

Please can we take the opportunity to remind you that although all three Brindishe Schools have school streets this does not mean that the streets will be completely car free during school street times. Residents are permitted to enter and exit, many Lewisham residents have permits that exempt them from school streets and so do some members of staff for exceptional circumstances. It is also important to note that emergency vehicles can enter and exit school streets and as we have seen near Brindishe Manor do so at very high speed when responding to an emergency. Please remind your children (as we will do in school) that safe road awareness should be followed at all times.



Arbor

As you will be aware, earlier this term Brindishe Schools moved their MIS systems over from Horizons to Arbor. Some of you may be familiar with Arbor, as we have used it previously across our federation. For some of you it will be new.

Did you know that in order to access your child's information, pay for clubs, music, trips and see attendance data, Arbor have a parent/carer app? The Arbor App brings all the functionality of desktop Parent Portal to your phone.

Please find attached to this newsletter a 'How To' guide - The Arbor App Usage Guide for Guardians. If you would like support with using the desktop parent portal or the app please let the school office know and we will be happy to assist.

Key Federation Dates

- Reports to parents/carers - Friday 11th July
- End of 2024/2025 - Tuesday 22nd July 2025
- Children return to school - Wednesday 3rd September

Brindishe Schools Governing Body

Governing Body meetings are regular and meet every half term. Parents/carers are more than welcome to attend our meetings as 'observers'. If you would like to know more about the governing body or you would like to attend one of our meetings, please email Rachel Waite - rawaite@brindisheschools.org. ***Our last meeting for 2024/2025 will be held on Tuesday 15th July 2025 at Brindishe Lee School - 6pm.***



AFC LEWISHAM
SUMMER FOOTBALL CAMP

PRICE
£20/DAY
£80/WEEK

AUG 04 - AUG 08
AUG 11 - AUG 15
AUG 18 - AUG 22
AUG 25 - AUG 29

CAMP INFO

- Ages 6 - 12
- High level coaching
- Advanced skill development
- Feedback and progress report
- 9am - 3pm
- Breakfast club available from 8am at an additional £5
- Please provide your child with a healthy packed lunch and water

07981924439 • **SIGN UP** • AFC Lewisham, Eltham Road, SE12 8ES