



EVERY DAY

CEREALS 1,3,7,16 **FRUIT OR YOGHURT** 3,7 **TOAST WITH JAM OR HONEY** 1,3,6 **FRUIT JUICE OR MILK** 7



SPECIALS



WEEK 1

MONDAY

Scrambled Egg on Toast 1,3,7,9 V

TUESDAY

Hash Browns & Beans VG

WEDNESDAY

Beans on Toast 1,3 VG

THURSDAY

Sausage – meat or Quorn - & Beans 1,3,6

FRIDAY

Pancake with Jam or Honey 1,6,7,9

WEEK 2

MONDAY

Beans on Toast 1,3 VG

TUESDAY

Pancake with Jam or Honey 1,6,7,9

WEDNESDAY

Hash Browns & Beans VG

THURSDAY

Scrambled Egg on Toast 1,3,7,9 V

FRIDAY

Sausage – meat or Quorn - & Beans 1,3,6



1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

