

2 March 2018

Dear parents, carers, staff, governors and friends.

This week at Brindishe Green

World Book Day 2018

Today we celebrated World Book Day! It was fantastic to see so many of our children (and staff) dressed as their favourite book characters, talking about books, creating stories and sharing their love for reading.

Your child will have brought home with them a £1 book token that can be used towards the purchase of a book or to buy a special £1 WBD book from selected bookshops. The WBD book tokens are valid from Monday 26 February - Sunday 25 March 2018. Please click here to learn more:

<http://www.worldbookday.com/books>

Scholastic Book Fair

Many thanks to the children and families who visited our Scholastic Book Fair over the last week. We will let you know as soon as we can, the total amount of books sold, which means we can then purchase more books for our school to support our children's learning.

Snowy Weather

Well done to all the families and staff who made it into school on time this week, despite the snowy weather. Please be reassured that if school is going to be closed due to adverse weather conditions, you will receive a text message in the morning from BG. All children are expected to be in school as normal, when school is open.

Mid-term Review meetings

Thank you to all parents and carers who have met with their child's class teacher. If you

still have not made an appointment, please contact your child's class teacher or the school office so that we can arrange a meeting for you.

Diary Dates

5 March - Reception welcome The Wiggly Wild Show
13 March - Lewisham Live - Walnut class
15 March - Governors at BM
19 March - Challenge Partner Review at BG
22 March - Yr 5 School Journey meeting
26 March - Yr 6 Mock SATs week
26 March - Musicians' Concert
29 March - End of Spring Term
16 April - Children return to school

...and finally



Rights Respecting School

As a Rights Respecting School, it is our duty to teach our children and families about the **UN Convention on the Rights of the Child. UNCRC**

<https://www.unicef.org/rightsite/files/uncrcchildfriendlylanguage.pdf>

Each week in the newsletter, we will share one or two of the 54 articles that link with our learning in school or a particular theme for that week. This week we focus on:

Article 24 (health and health services)

Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and well-being so that children can stay healthy. Richer countries must help poorer countries achieve this.

10 Tips: Keeping Children Safe in Cold Weather from Save the Children

When temperatures drop, children need extra attention to stay warm, safe and healthy. Young children are less likely to recognise when they are cold and more likely to lose body heat quickly due to their smaller size. Here are some tips to protect children when the thermometer dips

1. **Think layers:** Put several layers of clothing on your child and make sure their head, neck and hands are covered. Dress babies and young children in one more layer than an adult would wear.
2. **Beware of clothing hazards:** Scarves and hood strings can strangle smaller children so use other clothing to keep them warm.
3. **Check in on warmth.** Tell children to come **inside** if they get wet or cold - even if they would prefer to continue playing outside. Then keep watching them and checking in.
4. **Use sunscreen.** Children and adults can still get sunburn in the winter. Sun can reflect off the snow, so apply sunscreen.
5. **Install alarms.** More household fires happen during the winter so make sure you have smoke and carbon monoxide alarms in your home.
6. **Get equipped.** Children should always wear helmets when sledging.
7. **Teach technique.** It takes time to master fun winter activities like sledging, so make sure children know how to do the activity safely.
8. **Prevent nosebleeds.** If your child suffers from minor winter nosebleeds, use a cold air humidifier in their room. Saline nose drops can help keep their nose moist.

9. **Keep them hydrated.** In drier winter air children lose more water through their breath. Keep them drinking and try giving them warm drinks and soup for extra appeal.
10. **Watch for danger signs.** Signs of frostbite are pale, grey or blistered skin on the fingers, ears, nose, and toes. If you think your child has frostbite bring the child indoors and put the affected area in warm (not hot) water. Signs of hypothermia are shivering, slurred speech, and unusual clumsiness. If you think your child has hypothermia call 999 immediately.

Severe Weather (snow and ice)? Advice from Lewisham on how to keep safe:
www.lewisham.gov.uk

What you can do:

1. Only go out if you have to. **Keep warm and well.**
2. If you do have to go out, check the weather forecast first. If driving, follow the advice given in the **Highway Code**.
3. Be a good neighbour. Often the people most at risk during cold weather are the least willing to ask for help. Check up on neighbours, relatives or friends who may be more vulnerable in cold weather - make sure they're warm enough and have enough food and medical supplies. If any residents are especially vulnerable you can help refer them to our **Warm Homes Healthy People scheme**.
4. Help keep pavements clear. **Get advice on how to clear snow and ice from outside your home.** Find out more about getting ready for winter.

Wishing all families a warm weekend.

Best wishes,

Sarah Gorbutt Headteacher